

# Are you interested in playing a high school sport this Fall?

All current 6<sup>th</sup> and 7<sup>th</sup> graders interested in competing at the high school level in the Fall of 2017 must follow the **NYSED ATHLETIC PLACEMENT PROCESS (APP)** (formerly known as the Selection Classification Process)

The New York State Education Department voted to revise the Selection Classification program in September, 2015.

The biggest differences?

**OUT** are the broad jump, 1.5 mile run, arm hang and the 50 yd. dash. The test will now include; sit-ups, shuttle run, 1 mile run, pull-ups, sit & reach (flexibility).

### To pass the Fitness Component

Students must attain 85<sup>th</sup> percentile (from national norms for their age) in 4 of 5 tests.

The **tanner level** has been revised as well. In short, previously the highest tanner level student-athlete's needed to reach was a #4.

**SED has now created a Tanner #5;** to play at the varsity level a Tanner Level of #5 is now required in 17 boy's sports and 17 girl's sports.

*And a third change is that SED will **NO LONGER** consider any appeals.*

*For more information on APP please visit our website*



### **Kenmore East and Kenmore West Athletic Placement Fitness Test Dates:**

Tuesday August 8, 2017  
Wednesday August 9, 2017  
Thursday August 10, 2017

All testing will be done at 8:00 am at Franklin Middle School

**Modified & Intramural sports participants DO NOT need to take the Athletic Placement Fitness Test**

**All student athletes MUST have a current physical on file to try out for any sport. Please see your school nurse to find out what paperwork you need to turn in. You will not be allowed to take the test if you do not have the proper paperwork.**

**If you have any questions, please contact the Athletic Office at 871-3082**